



WHERE TO FIND HELP IN PIMA COUNTY

COORDINATE ENTRY ACCESS POINTS

Sonora House

By Phone Only - 520- 624-5518
Monday - Friday, 10 a.m. - 6 p.m.

La Frontera

RAPP, 1082 E. Ajo Way, Ste. 100
Phone Preferred - 520- 882-8422
Monday - Friday, 8 a.m. - 4 p.m.

Salvation Army

By Phone Only - 520- 622-5411
Monday - Saturday, 2 p.m. - 7 p.m.

Primavera

In Person: 702 S. 6th Ave
Monday, Wednesday, Thursday, Friday,
9 a.m.-12:30 p.m.

By Phone - 520- 308-3079

Monday, Wednesday, Thursday, Friday,
1 p.m.- 4 p.m. • Tuesday - 8 a.m.-4 p.m.

Our Family Services

By Phone Only - 520- 323-1708
Monday - Friday, 9 a.m.-4 p.m.

Old Pueblo Community Services

By Phone Only - 520- 546-0122
Monday - Friday, 9 a.m. - 4 p.m.

EMERGENCY SHELTER

Salvation Army

Single adults and families with children
520-622-5411

Primavera Foundation

Men's Shelter
520-623-4300

Primavera Foundation Casa Paloma

Women Shelter
520-882-0280

Primavera Foundation Scattered Site Shelter

Single Adults, Veterans, families with
children
520-882-5383

OPCS

Low Barrier Shelter
Single adults and families with children
520-546-0122

Our Family Services

Unaccompanied teen ages 12-17
520-320-5122

Our Family Services

Scattered site families and children
520-323-1708

Gospel Rescue Mission

Single Adults, families with children
520-740-1501

Sister Jose Women's Center

520-909-3905
Available by lottery. In person lottery
sign-up is 9 a.m. - 12 p.m. Names are
posted at noon. Check-in is between
4 - 5:30 p.m.

LOW INCOME HOUSING

Catholic Community Services of Southern Arizona

140 W. Speedway Blvd. Ste. 230,
Tucson, AZ 85705
520-623-0344
www.ccs-soaz.org

Low Income, Spanish Services, Service
Area: Tucson

Catholic Community Services provides
a range of human services throughout
Southern Arizona for people of all ages.
Services for elders include: home-de-
livered meals, congregate meal sites,
low-income senior housing, counseling,
and a clothing and food pantry at its Pio
Decimo Center location. For a location
near you, please visit our website.

Downtown Motor Apartments

383 S. Stone Ave., Tucson, AZ 85701
520-777-5866

[www.downtowntucson.org/properties/
downtown-motor-apartments](http://www.downtowntucson.org/properties/downtown-motor-apartments)

Low Income

Downtown Motor Apartments offers
one and two-bedroom apartments
totally updated. Open floor plans,
658 - 828 sf, disability access, free
parking. Rent = 30% of income. Call for
more details.

El Memorial de Don Frew Apartments PPEP Inc.

11907 W. Grier Rd., Marana, AZ 85653
520-682-2652

Low Income

www.elmemorialdedonfrewapts.com

Menlo Park Apartments

427 N. Grande Ave., Tucson, AZ 85745
520-798-1440

Low Income, Spanish Services

Menlo Park Apartments is a 110-unit
HUD subsidized, low-income apart-
ment complex.

Primavera Foundation Homelessness Intervention and Prevention

702 S. 6th Ave., Tucson, AZ 85701
520-882-5383

Low Income

www.primavera.org

Homelessness Intervention and Pre-
vention offers a connection to shelter,
food, hygiene items, and a mailing
address. HIP also serves as a TPCH
Coordinated Entry public access site
where anyone homeless or close to
homeless may be assessed for assis-
tance with housing.

Additionally, Rental assistance is ac-
cessed by calling the rental assistance
line on the first business day of the
month at 9 a.m.- 520-395-6420.

Woodridge Apartments

8255 E. Speedway Blvd.,
Tucson, AZ 85710

520-298-3699

www.woodridgeapartmentsaz.com

EMERGENCY FOOD ASSISTANCE

Arizona Commodity Senior Food Program

1-855-432-7587

<https://des.az.gov/services/basic-needs/food-assistance/az-commodity-senior-food-program>

You are eligible to receive emergency food assistance commodities at participating Distribution Sites (Food Pantries) if:

- The total gross income for your household does not exceed 130% of the Federal Poverty Level. (You will have to self-declare that you are below the Federal Poverty Level).
- Individuals are 60 years of age or older
- Have a valid Arizona address

Interfaith community Services

2820 W. Ina Rd.
9 a.m. - 4 p.m. Monday - Friday

Interfaith community Services New Spirit Lutheran Church

8701 E. Old Spanish Trail
9 a.m. - 4 p.m. Monday - Friday

Impact of Southern Arizona

3535 E. Hawser Rd.
8:30 a.m. - 12 p.m., Monday - Friday

Community Food Bank

Kino Stadium
2500 E. Ajo Way
7 a.m. - 10 a.m., Tuesday, Thursday

MEALS

Casa Maria

352 E. 25th St. (22nd st & 4th Ave)
8:30 a.m. - 11:30 a.m. Daily

Caridad Community Kitchen

845 N. Main Ave.
10:15 a.m. Thursday, Sunday
7:00 p.m. Daily

St. Johns the Evangelist

520-901-1994
600 W. Ajo Way, Monday

Gospel Rescue

4550 S. Palo Verde Rd.
7 a.m.- 8 a.m. Monday - Friday
11:30 a.m. - 1 p.m. & 4:30 p.m. - 6 p.m.
Daily

Holy Family Church

338 W. University Blvd
3 p.m. - 4 p.m. Sunday

INTERNET ASSISTANCE

Home Internet Access Comcast Internet Essentials

Low cost internet service:
www.internetessentials.com

Access from AT&T

Low cost internet service:
<https://accessatt.solixcs.com/#/home>

UTILITY ASSISTANCE

Utility assistance for delinquent account:

www.tucsonaz.gov
UtilityBillsHelp
520-791-3253

Tucson Electric Utility Short-Term Assistance

www.tep.com/short-term-assistance

ANIMAL SHELTERS

Pima Animal Care Center

520-724-5900
4000 N. Silverbell Rd.

Smiling Dog Rescue

520-977-8000

ADDITIONAL SERVICES

Nutrition, Cash & Medical Assistance

1-855-432-7587
Online application:
www.healtharizonaplus.gov

Unemployment Insurance

1-877-600-2722
Online application: www.azui.gov

Child Support Services

1-800-822-4151
Website: des.az.gov/dcsc

HOT LINES

Emergencies	Call 911
COVID-19 and Community Resources	Call 211
Community Wide Crisis Line (Mental Health)	866-495-6735
Emerge Domestic Violence Crisis Line	888-428-0101
SAAF- Anti-Violence Project Crisis Line	800-553-9387
Safe Place for Teens	520-320-5122
National Human Trafficking Hotline	888-373-7888
National Suicide Prevention Lifeline	800-273-8255
National Runaway Safe line	800-786-2929

