Elder Circles

April, May, June 2018

Come join us for the Wisdom Journey and participate in our Elder Circles

Elder Circles are discussion groups that meet once per month to discuss important topics that cultivate the value of Elders as mentors and wise counsel in our community. Our skilled and compassionate facilitators create a safe and respectful place to share our stories, learn from each other, and gain a renewed sense of our contributions to others. We have Elder Circles in Oro Valley, Tucson, and Green Valley.



Oro Valley Public Library

1305 W. Naranja Dr. Second Wednesdays at 10:00 am April 11, May 9, June 13

North Tucson

St. Francis in the Foothills

4625 E. River Rd. (@ Swan) Second Fridays at 10:00 am April 13, May 11, June 8

Northwest Tucson

Ellie Towne Flowing Wells Community Center

1660 W. Ruthrauff Rd. (Wetmore & Romero) Third Wednesdays at 10:30 am April 18, May 16, June 20

Amber Lights Senior Living Community

6231 N. Montebella Rd. (near NW Medical Center) Fourth Tuesdays at 3:00 pm April 24, May 22, June 26

Central Tucson

Jewish Community Center

3800 E. River Rd. (@ Dodge) First Sundays at 1:00 pm April 8 (2nd Sunday due to Easter), May 6, June 3

LGBTQI Elder Circle

Cornerstone Fellowship 2902 N. Geronimo Ave Third Saturdays at 1:00 pm April 21, May 19, June 16

New! Solo Seniors

3830 E. Bellevue (Our Family Services) First Mondays at 1:00 pm April 2, May 7, June 4

East Tucson

Udall Senior Center

7200 E. Tanque Verde Rd. Second Mondays at 1:00 pm April 9, May 14, June 11

Sierra Del Sol Senior Living

8151 E Speedway Second Wednesdays at 11:00 am April 11, May 9, June 13

Broadway Proper Retirement Community

400 S Broadway Place First Thursdays at 2:30 pm April 5, May 3, June 7

Green Valley

Casa Community Center

780 S. Park Centre Avenue Fourth Mondays at 3:00 pm April 23, May 28, June 25

Elder Circles are open to anyone who desires to join in the adventure of aging consciously and to find joy in continuously learning and giving to their community. Please share with your friends, family and colleagues.

Elder Circles are a project of the Center for Community Dialogue, a program of Our Family Services.

Dates and times are occasionally subject to change. For more information and to confirm times, please contact: **Chris Medvescek at 323-1708 x122 or** <u>cmedvescek@ourfamilyservices.org</u>.

