



18th Annual

Summer Institute

August 6, 13, 20, 27, 2010

Day 1 Friday, August 6

9 AM—Noon **Political Advocacy:** Community Advocates is a grassroots organizing campaign that recruits, trains, and mobilizes constituencies of the Behavioral Health Coalition (BHC) Member Agencies to become effective advocates for healthcare and human services. The 3 hour electoral skills training covers:

- Background – The 2010 Political Environment
- Civics 101; Arizona Elected Officials – who and how they voted
- 7 Steps to Effective Organizing
- Voter Registration & Early Ballot Rules, Role Plays, Types of Campaign Activities
- 2010 Ballot Initiatives
- Action Plan & Commitment

Presenter: Michelle Crow, Community Advocates for Healthcare and Human Services

This workshop is held at the Ward 6 Council Office, 3202 E 1st Street.

Day 2 Friday, August 13

8:30-10:00 AM **Transference and Countertransference:** Transference and countertransference occur in all relationships, including therapeutic and social service ones. For therapists who practice psychoanalysis, transference (a form of triangulation) is central to treatment and therefore must be encouraged. These therapists maintain boundaries by techniques like no references to their private and family lives, no personal pictures in the office, minimal face-to-face interaction, etc. Systems therapists, by contrast want to minimize transference and interact person-to-person. Since transference and countertransference (and triangles) happen anyway, we need techniques to neutralize them. This session focuses on such techniques. **Presenter: Dr. Leo Fay**

10:30-12:00 PM **Teen Dating Violence and Bullying 101:** The presentation will cover important components of understanding teen dating violence and bullying. Tools will be provided to help identify, address and prevent abusive relationships and bullying behaviors. The presentation is targeted to those working directly with youth and parents of youth. **Presenter: Constance Halonen, LMSW, Community Advocates Against Family Violence**

Both workshops on Day 2 are held at the Community Foundation for Southern Arizona, 2250 E Broadway Boulevard.

Receive one free workshop for every two paid workshops.

Number of workshops attending _____
 Number of workshops paid: _____
 Amount Enclosed: \$ _____

Please make checks payable to: Our Family Services.
 Mail to 3830 E Bellevue, Tucson AZ 85716

***There is no fee for the workshop on Day 1. All other workshops are \$15 each, to cover cost of materials and continental breakfast.*

***Workshops are held at various locations. Refer to specific workshop dates for locations.*

REGISTRATION FORM

Name: _____ Title/Position: _____
 Organization: _____ Daytime Phone: _____
 Email: _____

August 6, 2010	August 13, 2010	August 20, 2010	August 27, 2010
<input type="checkbox"/> Political Advocacy (There is no fee for this session.)	<input type="checkbox"/> Transference and Countertransference (\$15)	<input type="checkbox"/> Support and Education in End of Life Issues (\$15)	<input type="checkbox"/> Working with Angry People (\$15)
	<input type="checkbox"/> Teen Dating Violence and Bullying (\$15)	<input type="checkbox"/> Basics of Elder Care Mediation (\$15)	<input type="checkbox"/> What You Need to Know About Social Networking (\$15)

Day 3 Friday, August 20

8:30--10:30 AM **Support and Education in End of Life Issues**

- **Transforming Dying, Transforming Ourselves:** We will explore issues that people facing a terminal illness may confront, including concerns about quality of life, fear of being a burden, desire for hastened death, loss of independence, loss of meaning, purpose and the impact on patient and caregiver alike. Through the video, "Living Through Dying – The Struggle for Grace", you will witness how others face these issues, and examine how our own experiences can impact our therapeutic relationships and be transformed to find new meaning.
- **From Touchy to Touching – Talking About the Dying Process:** This session provides the approach and language for a healthcare professional to help patients and families face fears about dying. The physical changes, psychosocial issues and mysteries of timing and visions will be reviewed. By understanding the dying process you will better manage preparation for the changes and promote comfort.

Presenter: Tani Bahti, RN, CT, CHPN, Executive Director, PASSAGES - Support & Education in End of Life Issues

10:30-12:00 PM Basics of Eldercare Mediation: Explore issues specifically facing elders and the associated conflicts. This is an interactive informational session covering the issues likely faced by seniors, family dynamics that add to the conflict, how to ensure the elder has a voice in the process, and what you must know if mediating Eldercare issues. **Presenter: Victor Quiros, Ph.D., Our Family Services**

Both workshops on Day 3 are held at the Community Foundation for Southern Arizona, 2250 E Broadway Boulevard.

Day 4 Friday, August 27

8:30-10:00 AM Working with Angry People: Learn about the dynamics of anger and how to work with individuals and groups of angry people. Learn how to understand when someone is expressing anger and how to get at the underlying feelings driving that anger. Work in groups to practice diffusing anger and helping people express their needs. **Presenter: Victor Quiros, Ph.D., Our Family Services**

10:30-12:00 PM What You Need to Know About Social Networking: Every day, hundreds of new social networking technologies bring us closer together as a species. Businesses, individuals and non-profit organizations are increasingly relying on these "free" tools to advance their goals. But how can you be sure you're actually building communities of employees, partners, clients, donors and friends using this Internet phenomenon and not alienating them? We'll explore the value of social networking and considering the potential pitfalls of these ultimate connection tools. **Presenter: Cristie Street, Nextrio :: Smart IT for Business**

***Continental Breakfast provided each morning.
Certificates of attendance will be given.***

We will notify you if a session you request is full; otherwise, you will not receive confirmation of your registration. For more information about the Summer Institute or other OUR FAMILY training opportunities, call (520) 323-1708 ext. 211 or visit our website at ourfamilyservices.org.



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